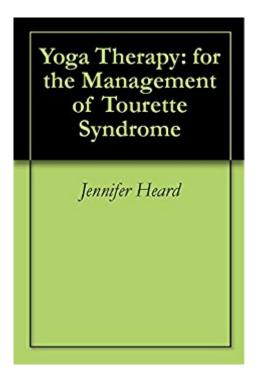
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Yoga Therapy: For The Management Of Tourette Syndrome





Synopsis

A brief guide on using Yoga to help manage tics associated with Tourette Syndrome. This work includes basic yoga poses, simple breath work, meditation and an overview of nutrition related to Tourette's. Real life stories show how these simple techniques have helped others.

Book Information

File Size: 372 KB Print Length: 124 pages Simultaneous Device Usage: Unlimited Publication Date: June 5, 2014 Sold by:Â Digital Services LLC Language: English ASIN: B00KSS8ITE Text-to-Speech: Enabled X-Ray: Not Enabled Word Wise: Enabled Lending: Not Enabled Enhanced Typesetting: Not Enabled Best Sellers Rank: #1,506,724 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #50 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Tourette Syndrome #554 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments > Nervous System #1693 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Nervous System

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